

YEAR COURSE FOCUSED ON  
THE HANDLING OF TRAUMA AND CRISES

*Prof Wentzel Coetzer*



Trauma is a destructive power with devastating potential. When people do not receive help, this destructive force can continue for years with its debilitating strategy. Trauma also changes the victim's life forever - you can never look at the world around you again with the same 'glasses' as before. The research also confirms that traumatic memory never fades. The original overwhelming events can still be triggered after 60 or 70 years and then all the traumatic detail is relived as if it had just happened. For many victims, this ultimately implies permanent physical problems because their spirit and emotions can no longer cope with the constant stress levels. The number of victims who do not receive help is staggering and therefore the need for more counselors and therapists to be equipped is urgent. Indeed, Jesus Christ's statement that the crops are ripe and ready to harvest but the labourers are few, is also applicable here - the need is unmanageably large but the number of equipped and skilled workers are few. If you have a passion for making a difference in the broken world around us then this course is for you!

#### **COURSE PRESENTER**

Prof Wentzel Coetzer

#### **STATUS OF COURSE**

Accredited  
Certificate

#### **DURATION OF COURSE**

One Year

### **COURSE STRUCTURE**

This is basically a distance learning course and students will therefore be provided with CDs with the content of the discussion of each of the 12 themes related to this course.

There are three assignments to be submitted and then also a mini-thesis at the end of the year.

There is also a cheaper option (Option-B) that is explained at the end of this document) where students don't have to submit the assignments.

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# IMPORTANT DATES

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## MODULE 1

*Submission date of first assignment*

**31<sup>st</sup> MARCH**

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## MODULE 2

*Submission date of second assignment*

**30<sup>th</sup> JUNE**

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## MODULE 3

*Submission date of third assignment*

**30<sup>th</sup> SEPTEMBER**

## MODULE 4

*Submission date of mini-thesis*

**24<sup>th</sup> DECEMBER**

## CONTENT OF COURSE

### Module 1: THE GENERAL IMPACT OF TRAUMA

- *Trauma counseling.*
- *Defusing and debriefing.*
- *The impact of trauma bonding.*

**Assignment 1 = 8 000 words**

### Module 2: MAN AS A HOLISTIC BEING

- *The close interaction between the spiritual, emotional and physical dimensions.*
- *Brain functions and the pastorate.*
- *Dissociation, fragmentation, and the inner child.*

**Assignment 2 = 8 000 words**

### Module 3: THE IMPACT OF TRAUMA ON CHILDREN AND YOUNG PEOPLE

- *Pastoral counselling of traumatised children.*
- *Rape, molestation, and incest.*
- *Teaching children to deal with trauma and losses (emotional intelligence).*

**Assignment 3 = 8 000 words**

### Module 4: FURTHER CRITICAL AREAS

- *Suicide – Pastoral guidance for all involved.*
- *Generational baggage (intergenerational trauma).*
- *Healing implies choices.*

**Mini-thesis = 16 000 words**

# Evaluation



Evaluation will be performed through the three assignments and the mini-thesis. For the final year mark the first three assignments will count 50% and the mini-thesis 50%.

## COST

### Option A

1. Total course fee: R10,000.
2. Registration fee: R2400.  
This also covers the study material, which includes the 12x prescribed manuals and four textbooks - four assignments are to be submitted.
3. Remaining amount after paying the registration fee: R7600
  - 3.1 Payment option 1: 6x months @ R1267 p.m.
  - 3.2 Payment option 2: 10x months @ R770 p.m.Students qualify for 50x CPD points (Dutch Reform Church); as well as 24x credits regarding further studies; also for 20x CPD points with CPSC (*Council for Pastoral and Spiritual Counsellors*); students receive an accredited certificate.

### Option B

1. Total course fee: R7 700.
2. Registration fee: R2400. This also covers the study material, which includes the 12x prescribed manuals and four textbooks. Students may attend the workshops but need not submit assignments. Should you however not prefer to receive the textbooks, then the total amount for the course is R6500 and the registration fee R2400 (the four assignments of Option-A are based on the four prescribed textbooks).
3. Remaining cost after paying the registration fee: R4300 (including textbooks)
  - 3.1 Payment option 1: 6x months @ R884 p.m.
  - 3.2 Payment option 2: 10x months @ R550 p.m.
4. Remaining cost after payment of registration fee: R4 100 (excluding textbooks)
  - 4.1 Payment option 1: 6x months @ R694 p.m.
  - 4.2 Payment option 2: 10x months @ R420 p.m.

## Option B

With Option-B students do not qualify for CPD points or for credits regarding further studies – they do however receive a certificate of attendance. Option-B could however at any later stage be upgraded to Option-A (which includes all the credits) by submitting the four assignments as well as paying the difference between Option-A and Option-B.

### REGISTRATION DEADLINE

*Students can register at any stage of the year for this course*

## Contact details

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