

YEAR COURSE IN
PASTORAL CARE FOCUSED ON
HEALING FOR EMOTIONAL PAIN

Prof Wentzel Coetzer

Many people have been struggling with emotional pain and trauma since childhood. According to the research, normal memory tends to fade over time. In contrast, traumatic memory never fades and when years later there is a certain trigger that reminds the person of the pain from the past then it is like a window that opens when a mouse is clicked. And then he/she relives all the memories and emotions related to the original overwhelming events. In this way, some people spend a lot of energy on a daily basis just trying to tighten the 'lids' on all the unprocessed emotions. Gradually, however, the pressure builds up in such a way that the 'lid' of the inner 'pressure cooker' shoots one day and then it usually implies emotional chaos. If this is the process you are struggling with, then this course is for you. It may provide answers for yourself, but at the same time equipping you to help others who are going through the same emotional struggle!

COURSE PRESENTER

Prof Wentzel Coetzer

STATUS OF COURSE

Accredited
Certificate

DURATION OF COURSE

One Year

COURSE STRUCTURE

This is basically a distance learning course and students will therefore be provided with a flash drive with all the sound tracks of presentations at workshops regarding each of the 12 sub-themes of this course.

There are three assignments to be submitted and then also a mini-thesis at the end of the year.

There is also a cheaper option (Option-B) that is explained at the end of this document) where students don't have to submit the assignments.

IMPORTANT DATES

MODULE 1

Submission date of first assignment

31st MARCH

MODULE 2

Submission date of second assignment

30th JUNE

MODULE 3

Submission date of third assignment

30th SEPTEMBER

MODULE 4

Submission date of mini-thesis

24th DECEMBER

CONTENT OF COURSE

Module 1: THE IMPACT OF UNPROCESSED EMOTIONAL PAIN

- *Healing for emotional pain – Part 1.*
- *The blessings.*
- *Pastoral counselling on rejection – Pastoral guidelines.*

Assignment 1 = 8 000 words

Module 2: YOUNG PERSONS STRUGGLING WITH EMOTIONAL PAIN

- *Pastoral guidance of emotionally wounded young persons – Part 1.*
- *Pastoral guidance of emotionally wounded young persons – Part 2.*
- *Generational baggage – Pastoral guidelines.*

Assignment 2 = 8 000 words

Module 3: EMOTIONALLY WOUNDED FATHERS AND MOTHERS

- *Father wounds and father hunger – Pastoral guidelines.*
- *Emotionally wounded mothers – Pastoral guidelines.*
- *The homecoming of spiritual orphans.*

Assignment 3 = 8 000 words

Module 4: THE IMPORTANCE OF FORGIVENESS

- *Forgiveness – the key to supernatural breakthroughs.*
- *Self-forgiveness – a neglected area within the pastorate.*
- *Jan Frank's ten phase healing model.*

Mini-thesis = 16 000 words

Evaluation



Evaluation will be performed through the three assignments and the mini-thesis. For the final year mark the first three assignments will count 50% and the mini-thesis 50%.

COST

Option A

1. Total course fee: R10 000 (plus R300 for two courier parcels).
2. Registration fee: R3000.
This also covers the study material, which includes the 12x prescribed manuals, the four textbooks and the set of CD's - four assignments are to be submitted.
3. Remaining amount after paying the registration fee: R7000
 - 3.1 Payment option 1: 6x months @ R1166 p.m.
 - 3.2 Payment option 2: 10x months @ R700 p.m.Students qualify for 60x CPD points (Dutch Reform Church); as well as 12x credits regarding further studies; also for 20x CPD points with CPSC (*Council for Pastoral and Spiritual Counsellors*); students receive an accredited certificate.

Option B

1. Total course fee: R7 700 (plus R300 for two courier parcels).
2. Registration fee: R3000. This also covers the study material, which includes the 12x prescribed manuals, the four textbooks as well as all the relevant lectures on CD. Students need not to submit assignments. Should you however not prefer to receive the textbooks, then the total amount for the course is R6500 and the registration fee R3000 (the four assignments of Option-A are based on the four prescribed textbooks).
3. Remaining cost after paying the registration fee: R4700 (including textbooks)
 - 3.1 Payment option 1: 6x months @ R784 p.m.
 - 3.2 Payment option 2: 10x months @ R470 p.m.
4. Remaining cost after payment of registration fee: R3500 (excluding textbooks)
 - 4.1 Payment option 1: 6x months @ R583 p.m.
 - 4.2 Payment option 2: 10x months @ R350 p.m.

Option B

With Option-B students do not qualify for CPD points or for credits regarding further studies – they do however receive a certificate of attendance. Option-B could however at any later stage be upgraded to Option-A (which includes all the credits) by submitting the four assignments as well as paying the difference between Option-A and Option-B.

REGISTRATION DEADLINE

Students can register at any stage of the year for this course

Contact details

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